When I tell you that I don't want to do something that you want me to do, that settles the matter once and for all. I am not required to explain to you why I don't want to do it, and I won't.

When you fall apart before other people and they see through your fakery, you must make immediate correction. You must immediately walk into a second scary situation where you will again fall apart, preferably with double the disgrace than before. This technique is known as daring the devil to do his worst. The poor devil will do his best to do him worst, which will be a revealing act to witness. When you see who really possesses the disgrace, you will also see the devil flee in disgrace. Thinking you a play to monster.

Sorry, but you are wasting your time trying to make me feel responsible for your desperation. You will of course call me coldhearted, but I know that your desperation is blackhearted.

You need only one prayer to cover every difficulty in life. That prayer is, "I pray to see more."

Any man who submits to a bony woman is no man.

The reason all can be well right now is because union with truth is possible right now.

A real teacher has a lighted lantern in each hand. He first motions with one hand for the inscrutable to go away. The wise inscrutable is one who stands in place after the apparent rejection just to see what happens next. And what happens next in the teacher's second motion from the other lantern, which is an invitation to approach. When accepting the invitation the inscrutable is surprised and pleased to find himself within the circle of light from both lanterns.

You fear to admit that you are an insane person living in an insane world. You fear to admit this because you also fear that there may be no solution. There is...

If you don't yield you will break. If you yield you will not break.

On Monday you were cruel, and on Tuesday you said you were sorry. But on Wednesday you did it again, which means I'm not going to believe anything you say on Thursday.

The relief you really want is relief from yourself, but how can you have it when your whole life is dedicated to self-clinging?

I have found a magic formula for proving that I am always right. All I need do is to say that you are wrong.

You have one thing and one thing only to give to truth. It is called obedience.

When you are roused at getting pushed around, try to see you are getting pushed around only by your rage at getting pushed around.

It took me many years of traveling through false guilt, but I finally see it. I see clearly that there is no real connection between me and your problems, your complaints, your insanities. I know that inner freedom means for a person there to be no wrong connections between me and another person. No thief can steal whatever is real.
Like other products, music comes in many varieties and qualities. There is pretty music, healthy music, boring music, sentimental music, and there is insane music. Here are some facts about music as it relates to an insane mind. If you are insane you will call everything insane that disagrees with your beloved insanity. Specifically, if your mental sickness is craven popular but sick music, you will fiercely rage at those who disapprove of your musical madness. But your lunacy will be quite sure that it is sane, not seeing that its own rage is its very own insanity. Its senseless fury at being thwarted is a good instance of a delirious mind being unable to see itself at the moment of its madness. Rage in lunacy on the loose, and a lunatic mind fights fiercely for its own preservation. It is like a father devil who fanatically protects his young imp, for he needs to use them for his own evil purposes. Finally, if you are the kind of a person who loves to hear ear-piercing human screams, either in person or on television, you are also a lover of sick music, for there is a similarity in the two. Listen carefully and you will hear shrieks of human despair concealed in sick music. Repeat: Listen carefully and you will hear shrieks of human despair concealed in sick music. After hearing all this, if you still love insane music, sooner or later you will give yourself away to those who can see—and hear.

First, he politely requests that you solve his problems for him. If you agree, he next demands that you solve his problems for him. If you agree, he then threatens you with injury if you fail to solve his problems for him. If you agree, he finally hates and attacks you for not solving his problems for him. Where you made your first big mistake was to fail to simply walk away after his first request.

There is only one kind of life that is worthwhile, which consists of feeding yourself through life from yourself.

There is such a thing as a normal and natural dislike of another person in which the dislike has no wrongness or hostility in it. It is a state in which a certain rightness in you wants nothing to do with a certain wrongness in another person. Rightness is calmly repelled by wrongness, as when you decline to approach someone with a cold and suspicious manner.

A woman loves a man whose relationship with her may or may not include sex, but definitely includes a power of his to protect her. There is really no individual person who sees or understands anything; there is only pure and impersonal seeing and understanding. This becomes clear when you are able to talk about yourself without believing in the self you talk about, which is the same as conscious talking.

By working with yourself and with truthful ideas you will one day silently say the following to another person: "I cruelly hurt you for a long time, and I finally see why. I hurt you because it was the only thing I knew to do; my own agony and confusion caused me to strike out at you in a vain attempt to relieve my own painful pressure. I knew of no other way to try to get rid of my own awful hurt. But I really understand why I hurt you, and in this new insight I am truly sorry. I am truly sorry for the first time. I also know that I will never hurt you again. It will not happen again because I am no longer asleep while dreaming that I am awake."

You are living in a truly spiritual world when you have no world to collapse around you.

When the love for truth precedes the love for William or Mary, then the love for William or Mary is genuine. But of course, from the higher viewpoint, there is no difference between the two loves—there is only one love.

You are living in harmful self-deception if you get nervous or resentful when told you are living in harmful self-deception.
Your troubles are real only in the sense that you are still tormented by them, but they are not real in a higher sense. If you suffer by being lost in the REESE hot and dry desert, you can learn how to escape the desert. Once you are out of the desert the troubles of the desert no longer exist for you, though they still exist for those still lost in the desert.

You can speed up life-correction with the following method: The next time it happens, remember what happened the last time it happened.

There is a simple test of your mental maturity, which is this: You are immature to the extent that you get flustered and annoyed by unexpected events. A mature man meets many unexpected events but is not caught unaware by them. Not having a mind frozen with ego-demands for what should happen, he never flirts the unexpected and is therefore able to handle it with calm intelligence. His inner resources are far superior to external events. He is like a man who owns a secret farm, and who is therefore unconcerned when the grocery market runs out of food.

No one ever learns from experience alone. To the experience must be added the power of watchfulness, perception, information, detachment, and a strong wish to not be deceived by the experience. For example, when someone tries to take advantage of you, that is the experience. But to learn from it you must not return your deceit for his deceit; your motives must be different from his. Your higher nature then releases and connects you with lesson-learning powers.

Do not assume that you know your precise location and height up the slope of the spiritual mountain. For example, don’t believe that you are halfway to the top. This bloomed your climb, for you bring the mountaintop down to you. If you believe that you are one foot up, and cheerfully deceive yourself by saying you are halfway up, you have unknowingly limited the mountaintop to a height of two feet. The sensible plan that guarantees progress is to simply climb daily, neither knowing nor caring about your present location and height.

What blocks investigation that brings revelation? An assumption not seen as an assumption.

Presently you can’t live your own life because you don’t know what it means to live your own life. What it means to live your own life is to possess your belief that you are living your own life.

The vanishing of belief invites the appearance of Pure Energy that lives your life for you. Nothing is nicer than to not live your own life based on belief. Your own life derived from Pure Energy is pleasant, lighthearted, carefree.

Courtesy can’t be explained to a rude mind.

If you dial the wrong number you will get the wrong number.

A truly spiritual teacher finds it easier to see a high truth than to explain it to lower minds. This is because the explanatory words used by the teacher have multiple meanings to the pupil based on the pupil’s associations and preferences connected with the words. For example, the word progress could be unknowingly interpreted by the pupil as meaning progress in being praised for steady attendance in class. The explanation of all this by the teacher to the student will also be distorted by the student. If the teacher were the word association the pupil’s mind could actually send up a picture of a business association. This is the interference of a human idea that prevents divine perception.